

## **LARGE PARROT MIX WHAT IS IT?**

Large Parrot Mix, what is it for? Is it for large parrots, cockatoos *etc*? Why is it called Large Parrot Mix? The word "large" in Large Parrot Mix refers to the size of the seed, not the bird that will eat it.

If you have ever fed this mix, you will, no doubt, have observed the large amount of wastage that occurs. The birds eat the sunflower, and maybe the oats. But most of the rest is tossed out when the birds are looking for more of the sunflower and oats.

Both sunflower and oats have a high oil content and the birds look upon them as the chocolate or ice-cream of their diet.. What happens if we eat too much chocolate and ice-cream? Yes, we become overweight...and so do the birds.

Just like us, an overweight bird is not healthy. Unhealthy birds don't breed well, and don't live a full life span. They are listless, and are prone to developing fatty tumours that are often fatal.

What is the point of this article you ask? The point is; Large Parrot Mix is not meant to be fed as a dry mix, but it makes excellent soaked seed. The soaking starts the germination process which breaks down the oils into safe, healthy and nutritious substances.

Any seed-eating parrot larger than a Budgie should be fed Small Parrot Mix, The word "small" referring to the size of the seed, not the bird. Even Sulphur-crested Cockatoos can easily manage small millet seeds. And of course there will be less wastage.

R.V.C.

## **DID YOU KNOW THAT... not olny srmat polepe can raed tihs?**

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(Perhaps I needn't bother to correct my spelling mistakes in future. Ed.)